

LAST DAYS

The last day to drop a class is Friday, Dec. 18, in order to receive a "W." To officially drop a course, fill out a drop form in the Admissions Office.

Valley Star

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Van Nuys, California

Thursday, December 10, 1981

FUND RUN

A 5 and 10 kilometer run to raise funds for men's athletics takes place Saturday at Griffith Park. For more details, see page 4.

Black Awareness Week to celebrate culture, history

By MARSHA N. STEWART
Staff Writer

Black Awareness Week this year will be celebrated Dec. 14 through Dec. 18. The activities are sponsored by the Commissioner of Black Studies, Helain George, in conjunction with the Black Student Union (BSU).

"The purpose of Black Awareness Week," said George, "is to tell people about our culture."

She says for this reason she has scheduled a variety of activities displaying Black history, culture, and religion.

Activities will begin with Black poetry performed by Phyllis Applegate from 9 a.m. to 10 a.m., Monday, Dec. 14. This will be followed by a two-hour slide presentation by Nono Olu, instructor of the Marcus Garvey School in Los Angeles. Olu will show slides depicting African History along with the Nile and the Presence of Blacks in Ancient Art, said George.

Rev. Frank M. Reed III, pastor of Ward African Methodist Episcopal Church, will be speaking Wednesday, Dec. 16, at 11 a.m. His topic will be the influence of the Black church in the Black community.

Dorsey High School Dance Troupe from Los Angeles will perform on Thursday, Dec. 17, at 11 a.m. Additionally, a "Soul Food" dinner will be given by the BSU from 11 a.m. to 1 p.m. The menu includes dishes from Jamaica, as well as Black America.

All of the week's activities will be held in Monarch Hall with the exception of the dinner, which will be held in Monarch Square.

Former VC student arrested, accused of rapes on campus

By JILL SCHULTZ
Sports Editor

A preliminary hearing has been set for Jan. 5, 1982 for a 26-year-old former LAVC student arrested Nov. 11 and charged with a series of rapes over a one-year period at Valley, Wally

Gudzus, captain of campus security, said recently.

Leonard Terry Pavasaris is being held on \$75,000 bail on four counts of rape, kidnapping, robbery and assault with a deadly weapon.

The first of the attacks was on

Dec. 30, 1980, and Pavasaris is believed to be involved in this attempted rape in the Cafeteria restroom, according to Gudzus.

The second attack occurred on Jan. 30, 1981 (Star: Feb. 13, 1981) when a 26-year-old student who had been jogging on the

track at 9:30 a.m. entered the restroom on the south side of the football field. According to the woman, a man entered the restroom and told her that he had a pistol and then pulled her tee-shirt over her head to muffle her screams.

The most recent attack was on Oct. 18, 1981, when a 14-year-old Grant High School student was crossing through the parking lot near Ethel and Oxnard in the early morning on her way home. The victim stated she was beaten with a tire iron by a man who pretended to be working on his car. Allegedly, he hit her on the head and shoulders, knocking her unconscious, put the victim in a car, and drove to a vacant house where he allegedly raped and robbed her.

Gudzus does not feel the latest rape is related to LAVC campus because the rape occurred on a weekend, the victim was an area high school student, and it occurred on the outskirts of the campus.

Pavasaris is also charged with a fourth rape that is unrelated to LAVC.

According to the police report, Pavasaris is described as Caucasian, 5'7", and 150 lbs. He was born in Venezuela and attended Grant High School. He attended LAVC for one semester in 1977.

The preliminary hearing will be held at the Van Nuys Superior Court.

New computer system helps career students

By LARRY URISH
Staff Writer

A new device has recently been added to Valley College's Career Center which will help students find answers to career-oriented questions.

"It's a system of occupational information," said Ann Morris, associate professor of counseling, about the "Eureka" career information system, last week.

According to Morris, counselor in charge of the center, the computer system works in three general areas. It not only contains data on the latest in occupational information, but it also includes the various statistics, features, and requirements of two- and four-year schools in and outside of California, and a question and answer exploration process for those undecided about a career.

Eureka is becoming fully operable this month and can be used by any student at Valley.

"You can look up a lot of jobs," said Morris.

Students who are undecided about a major field of study can use "Quest," the system's program designed to aid students in their search for a compatible career.

"Quest lets the students take a survey of what they like to do," said Morris.

The "Eureka" system con-

sists of a CRT display terminal tied into a remote data bank, plus a printer used to type out information from the screen.

According to Mel Sprecher, professor of educational guidance and a counselor at the center, a special telephone attachment is temporarily used to "call in" the computer to retrieve the necessary data and interact with the system. This will be used until the final part is added to "Eureka" — a relatively inexpensive cable which has been slow in arriving.

"It (Eureka) has arrived in bits and pieces," explained Morris. "Each of the nine L.A. Community College District campuses have the system, but they're all still missing that cable."

"The district pays for Eureka under a grant from the Vocational Education Act," Morris

said. "This grant ends in August, and we hope that the school will pick up the operating costs at that time," she added.

According to Morris, these ongoing costs include the rental of the computer time from USC, payment of a telephone line to that facility, and the additional programming used to update the system. These school and occupational data are, she added, updated every few months.

But "Eureka," said Morris, "isn't the answer to everything."

"It doesn't really go in depth with the Quest interest surveys," she explained. "I don't see it replacing our other tests."

The Career Center is located in Bungalows 13 and 14 at the south end of the campus.

Pres. Lee studies Valley College status

By JAN BERMAN
Copy Editor

Many newspaper articles and editorials, this fall, have questioned the future of community colleges. Dr. Mary Lee, president of Valley College, has studied the questions as they apply to the future of LAVC, and come up with some answers.

"The Los Angeles Community College District has a larger enrollment than the University of California system," said Lee. "Several factors have combined to increase the likelihood of an expanding student population."

Lee cites inflation, and the state of the economy, as a cause for more parents sending their sons and daughters to a college closer to home because they are no longer in a financial position

to pay for more expensive institutions. Students who are not recipients of financial aid are finding four-year colleges expensive and may also turn to the community college as an alternative.

"The limited physical resources of the campus," said Lee, "designed for approximately 16,000 students but enrolling nearly 26,000 this semester, works against a growing population."

State universities, however, are raising fees and limiting enrollment in specific programs; two more factors to turn students to community colleges. Lee sees a more efficient transfer program as a possibility.

(Continued on Page 3, Col. 1)

Patrons Association offers students scholarships, help at Valley College

By WENDY TABER
Staff Writer

"The only reason we are here is for the students," explained Leanne Minghini, president of the Patrons Association of LAVC. "We care about students and how they are getting along."

Minghini, who was elected president of the Patrons Association of Los Angeles Valley College for the term 1981-82, has one basic goal: to get students aware that there is someone who cares about them at Valley.

"Students don't know about us," said Minghini. "I'd love to walk up to a student and say, 'Hi, I'm president of the Patrons Association. Have you heard of us?' And have the student say,



LEANORE MINGHINI

"Yes, I know about the Patrons."

Each semester the Patrons award \$90 scholarships to 10 students they feel deserve the money. In June, some students receive additional scholarships.

"We don't give money to anyone except Valley students through scholarships," said Minghini. "We are all volunteers."

Besides helping students financially, the Patrons assist faculty and staff in "any way possible," like preparing refreshments for the semi-annual Dean's Tea, or offering students moral support.

"We are an organization who cares," said Minghini. "If you want to rap awhile, we'll talk to you. If you have a specific question, we'll try to answer it. And if we can't answer it, we'll try to get the answer for you."

Minghini, who was one of the originators of the Patrons Association, has served as a community advisor at Valley for 10 years, has served as a crime commissioner for Los Angeles County, and has been involved with the rehabilitation of gang members in the San Fernando Area.

"If we all got interested in the other guy's problem, pretty soon there would be no more problems," said Minghini. "That's the way I look at it."

The Patrons have been at Valley for 11 years and encourage students, faculty, and staff to join. Regular memberships are \$5 and student memberships are \$3. Membership forms are available in Campus Center, Room 100.

"There is always someone with a helping hand," said Minghini. "We're that helping hand."

By GIOIA De BLASIO
Entertainment Editor

When asked to describe him in a few words, most of the people questioned answered with the same word — activist.

Before coming to Valley College, Alan Seiffert, treasurer of the Associated Student Body, was touring the East in a production of "Babes in Toyland."

But dancer-choreographer Seiffert is no stranger to student government.

"Over a year ago, Marsha Tauber, who was commissioner of public relations at the time, asked me for some help on a project for ASB. When she ran for Treasurer, I decided to run for her spot."

After serving two semesters as commissioner of public relations with an unsuccessful bid for the ASB presidency, Seiffert turned his attention toward legislative lobbies, and is now director of ASB's Legislative Advocate.

According to Seiffert, when Gayle Flores resigned from her position, she asked him to run for treasurer.

After a tie vote which was broken by ASB President Roger Smith, Seiffert was elected.

When asked recently what his duties as treasurer are, Seiffert replied, "Hell if I know."

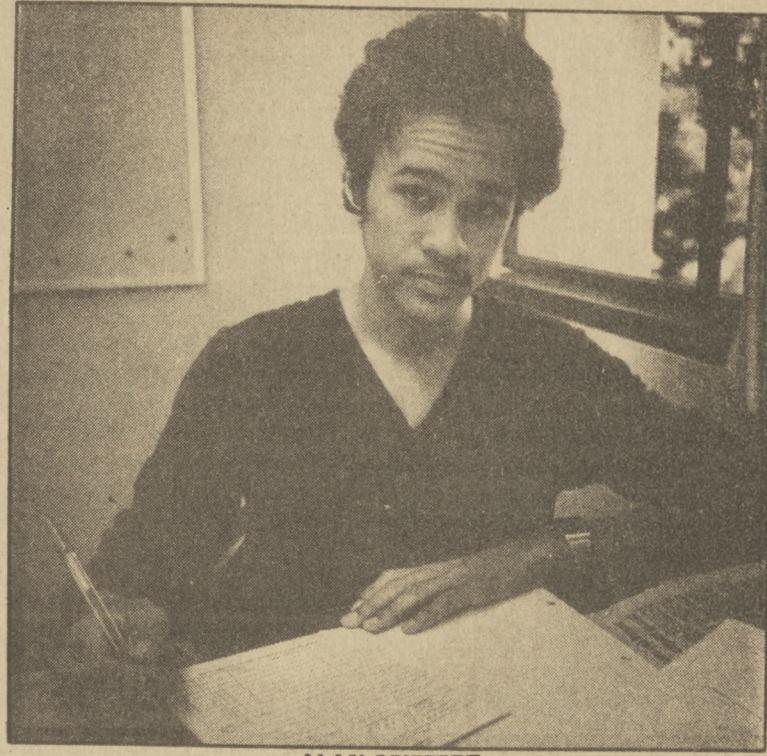
"No, I'm just kidding. Don't print that," he demanded, laughing.

Seiffert explained that Howard Fink, fiscal administrator, estimates how much income the ASB will have for the next fiscal year. The money "comes from the Rec Room and interest on a bank account, as well as paid ASB cards."

"We usually go beyond that estimate," he added.

"The Treasurer is the trustee of student money. I regulate the procedural end of how money is spent. I also chair the Finance Committee, which approves allocations," Seiffert said.

(Continued on Page 3, Col. 1)



ALAN SEIFFERT

Star photo by MELANIE BISHOP

Success of conference attributed to community

By ARNOLD SOLOMON
Staff Writer

"I deem the Associate Degree Nursing (ADN) Conference a success because faculty and members of the community turned out," said Lorretta Worthington, Nursing Department chairperson at Valley College.

"It enabled these people to meet and exchange ideas."

The conference was held in November at Valley, in celebration of the 30th anniversary of ADN in the United States. Worthington was coordinator for the program that included speeches in the Little Theater and lunch served in Monarch Hall.

Highlights of the event were appearances by Dr. Leslie Koltai, chancellor of the Los Angeles Community College District; Monroe F. Richman, M.D., member, LACCD Board of Trustees; and the Honorable Er-

nani Bernardi, L.A. city councilman.

Koltai emphasized the "social challenge" for ADN graduates in his keynote address titled: "Associate Degree Nursing Education: Challenge of the 80's."

"There is need for more nurses in the country," said Koltai. "The ADN programs are meeting the needs of students from ethnic minorities and community needs are being met as well."

A representative from the office of Mayor Tom Bradley, Doris Meyers, presented Koltai with a proclamation honoring the eight ADN programs in the LACCD.

Prior to Koltai's speech, a message from L.A. County Supervisor Kenneth Hahn was read to the audience.

News Notes

TAY-SACHS TESTING IS AVAILABLE

Today is the last day testing at Valley College is available for Tay-Sachs, a fatal, inherited infant disease. A simple carrier detection blood test is available today, free of charge, from 10:30 a.m. to 2 p.m. in the Cafeteria Conference Room, and from 5 to 7 p.m. in CC104. Anybody can be a carrier. Be safe, be tested.

CARS ARE TOWED AWAY AT VALLEY

Students parked in illegal areas will have their cars towed away, warns campus police. Numerous cars have been towed away when parked in such places as red zones, handicap parking, and emergency entrances and exits. Claiming a towed away car can be expensive.

IDENTIFICATION SERVICE IS AVAILABLE

Photo Identification's are now being made in CC102, Monday through Thursday, 9 a.m. to 2 p.m. Evening students can avail of this service Monday through Thursday, 5 to 7 p.m. Those with paid student body memberships are eligible for this service.

HEALTH OFFICE OFFERS NEW SERVICE

Psychological services are now available to Valley College students in the Health Office. Hours are Monday and Thursday from 9 a.m. to 5 p.m., and Wednesday from 1 to 7 p.m.

STAR EDITORIALS

The college newspaper is published as a learning experience, offered under the college journalism instructional program. The editorial and advertising materials published herein, including any opinions expressed, are the responsibility of the student newspaper staff. Under appropriate state and federal court decisions these materials are free from prior restraint by virtue of the First Amendment to the United States Constitution. Accordingly, materials published herein, including any opinions expressed, should not be interpreted as the position of the Los Angeles Community College District, the College, or any officer or employee thereof.

Equal under the law

America will take another step toward true economic and social democracy if it ratifies the Equal Rights Amendment by its June 30 deadline.

Three states are needed to boost ERA over the top. Star would like to see it ratified.

Discrimination is evident in our education system, where stereotypes of male/breadwinner, female/dependent still dominate and leave the woman ill-prepared for today's working world.

In business, U.S. Dept. of Labor reported that in 1979, on a statistical national average, women earned 59 cents for every dollar a man earned.

The ERA does not ask for more, it only asks for a fair share of what is rightfully their own.

We know through experience that laws which should insure equality are only as effective as the President who supports it, the judge who rules it, and the employer who enforces it.

Ronald Reagan is the first U.S. President to oppose the ERA. The Republican plat-

form, after 40 years of supporting the ERA, dropped it from their political platform in 1980.

Opposition also comes from religious fundamentalists and other conservative right-wing groups who maintain a 19th Century view of woman as a dependent to the male. A majority of churches, however, recognize the evolution of modern society and advocate ratification of the ERA.

The margin against ratification is thin, but united. A majority of Americans, or 63 percent in an August Gallup poll, said they favored ratification. More than 450 organizations totalling more than 50 million people from labor organizations, religious groups, political groups, minorities, etc. have endorsed the ERA.

There are many false interpretations of what the ERA would do. It would not destroy the fabric of society as its opponents say it would. It simply states:

Equality of rights under the law shall not be denied or abridged by the United States on account of sex.

A HELPING HAND

Maturity versus reason

By RITA LUPINO
Staff Writer

What motivates the college students of the 80's? What role does higher education play in their sense of direction and purpose? I interviewed 50 Los Angeles Valley College students. Each one a product of diversified cultures, religions, and environments. Their ages ranged from 18 to 20-years-old.

I'm a mature returnee to scholastic training with a head start on the planet of approximately three generations. I am a product of show-business with little or no formal education, which puts my fragmented concentration to a severe test.

My incentive to continue has been a direct result of the support and empathy I have received from these children of the 60's. I find them to be reasoning beings, aware, and sensitive.

The general response I got from the question pertaining to their individual goals and futures, was a mutual disdain

for the greed and violence they had fallen heir to, and the impermanence that plagues their futures in the 80's. Each individual seemed to view their educational goals from a physical and spiritual focal point of survival.

One 20-year-old journalism major, responded "I want my existence to matter, to make a difference in some small way, to better the human condition as I see it. The printed word is the only way I know of to reach out and be heard by many through reason and understanding. Journalism and reporting must go through a radical moral, and political change in order to raise the consciousness of it's readers."

All the students studying reporting seemed to view the contemporary world leaders as dangerous lunatics, who, if allowed will lead us to the ultimate annihilation of all forms of life on this planet as we know it.

Individually they see their educational goals as a door to greater freedom of choice. To gain a wider spectrum of understanding and tolerance, to broaden their vistas of perception and vision in order to maintain personal monetary, and intellectual independence in a society for which they had little, or no respect.

I feel locked into the belief-systems of these young caretakers of tomorrow, they are tomorrow. We of the past generations must stand with them. Together perhaps we can break down all the barriers of language, cultures, and geography to bring reason, and sanity back to a dying planet.

"All our lives are at the mercy of the whims of a few, causing young men to kill loyally, to kill royally." Voltaire.

Is it possible that the cries of these students and their counterparts across the world could be heard in time to prevent the silencing of their voices altogether.

LETTERS TO THE EDITOR

Editor:

I am quite appalled by the implications brought forth in the Editorial "False Alarm" in the December 3rd edition of The Valley Star.

Evidently, the editorial board seems to have closed their eyes to 1) the concept of the full proposal of Campus Safety. 2) The realities of recurring robberies, rapes, and murder within our own communities.

My proposal is for a commission to be established to deal with the entire phase of campus safety, — in contrast to just campus security. What I mean by safety is implementing programs relating to health, fire, earthquake awareness, and security equally emphasized.

Secondly, let us not be so naive that we disregard completely the continuing rise of crime in the Van Nuys area. So far this

year we have 904 robberies, including businesses, 159 rapes and 18 murders, just in the Van Nuys area.

Will a Commissioner of Campus Safety stop these criminals from coming onto our Campus? Perhaps not. However, a Commissioner of Campus Safety may be able to mobilize a Committee of students who are willing to patrol this campus in order to detour felons from brutalizing our students.

The Valley Star in this editorial (False Alarm) has attempted to dupe our students by suggesting that the A.S.B. President is overreacting. It is no wonder a Valley Star reporter concedes "to one degree or another the news is slanted. Sure, we are taught to believe that the main function of the news media is to present facts objectively, without inflection, but that's not always the way it

member of the news gathering community can only lead you to one conclusion; believe none of what you hear and half of what you see." (or read in the Valley Star.)

ROGER SMITH
Associated Student
Body President

Star does not believe that Van Nuys crime statistics should be compared with Valley College crime statistics. Last year in Van Nuys there was a 23 percent increase in area crime, while Valley registered a one percent increase on campus.

Editor:

Because Roger Smith and Steven Llanusa dare to disagree with Star's opinion on campus security, a vicious editorial is

published saying "both have displayed a sincere lack of understanding toward crime and crime statistics at Valley in recent interviews."

Oh wow! If they would have agreed with Star's position on campus security, we would now see all sorts of praise and "a sincere understanding toward crime and crime statistics" according to the narrow-minded opinion editors.

Why is it that whenever the upper hierarchy of the Valley Star does not get its way with student council, we students are forced to witness behavior that is totally unbecoming of so-called journalists?

Through my association with the ASB executive council, I know full well that Roger Smith and Steven Llanusa are two student leaders who have given of

their time and energy to make things better, and who are genuinely concerned about their school and country.

Currently, I believe there is at least one member of student council who is also affiliated with the Valley Star. I would challenge that member and all other concerned students on campus to act as liaison between Star and council to insure improved communication between the two. As for student apathy on campus, perhaps the ASB should not be scrutinized as much as the self-defeating attitudes of gloomy and pessimistic Star editors.

— David Tulanian

Editor:

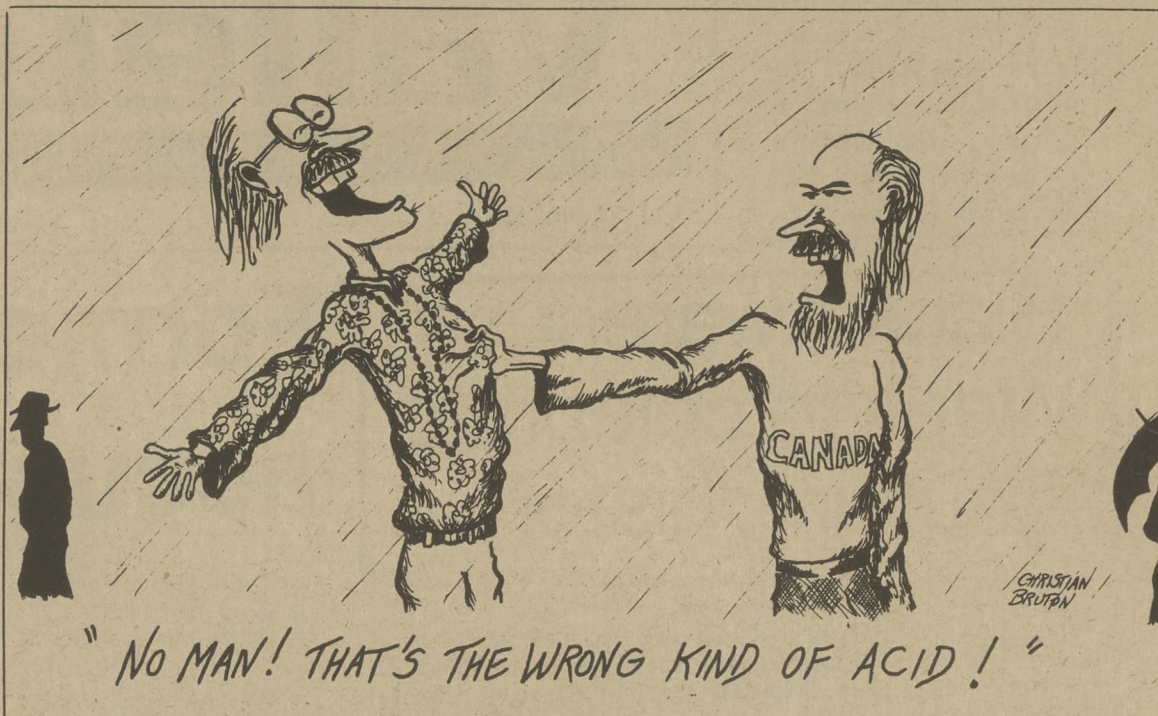
The Committee in Solidarity with the People of El Salvador (CISPES) would like to set the record straight concerning the use of our name in sponsoring Maureen Marcellino and Zapata Espinoza for Homecoming Queen and King.

First, CISPES did not sponsor, nor was it asked to sponsor the above-mentioned candidates.

Second, had we been asked we would have refused since CISPES is essentially a political organization and sponsoring candidates for Homecoming is not one of our functions.

This does not imply that individual members of CISPES supported or did not support these candidates.

LUANNA HETTLER
JULIE SENDER



SECURITY OR OPPRESSION?

CIA given ultimate power

By KEVIN UHRICH
Managing Editor

Last week, with an Executive Order, an action requiring no congressional approval, Ronald Reagan rewrote the book on the powers the Central Intelligence Agency actually possesses.

Originally created by Executive Order, and answerable only to the Chief Executive, the CIA's role in intelligence gathering has historically been confined to foreign surveillance, but no longer. The Agency's domestic fetters have been lifted by the President.

Regardless of the carefully weighed words and the pretentious motives however, this move can be construed as nothing less than a blatant attempt to squelch the voice of dissent in this country.

The CIA's original charter, created in 1947 by then president Harry S. Truman, stipulates that the Agency restrict its operations to foreign affairs.

An agency that has been involved in a number of political

coups and assassination attempts, if not successful ones, has finally been given official free reign to operate inside the United States.

Although many of the original proposals in Reagan's plan have been shot down as too radical to be tolerated in a supposedly free society, one being the legal infiltration of American organizations, the American Civil Liberties Union (ACLU) still strongly warns against the creation of this new charter.

The ACLU feels this will give the CIA authority to "spy on law-abiding Americans in the United States and abroad," but they expressed minor relief that the first three original, extremely radical drafts, were not proposed.

Mr. Reagan has alleviated a legal hassle by abolishing existing curbs on an already boundless charter but has in turn created a different, ethical problem. Since they are now allowed to spy on American citizens living in this country, just how

far will the CIA go?

California congressman Don Edwards feels the move is "very disturbing." Comparing the Agency with the KGB, the CIA's Soviet counterpart, Edwards said the CIA will now be allowed to coordinate activities with state and local police, open Americans' mail, and withhold information on criminal activities.

Edwards, a former FBI agent, is head of the House judiciary subcommittee on civil and constitutional rights.

Mr. Reagan's assurances that "no intelligence agency... will be given the authority to violate the rights and liberties as guaranteed by our constitution and laws," sound familiar.

This move to increase the powers of the CIA can only be viewed as "consistent" with his other military and economic "successes" over the past year. As Rep. Edwards stated, "Big Brother is back." With 1982 rapidly approaching, is 1984 so far away?

DISCERNING VIEWER

T.V.'s Religious Domination

By GIOIA DE BLASIO
Entertainment Editor

Fifty-seven religious-orientated programs are aired on an average Sunday. On VHF, channels 2-13, 28 of these shows are aired and 29 on the UHF channels.

The various religious groups who complain about too much sex and violence on television seem to be forgetting one thing — the air waves belong to all of us.

Most of the ideas for television shows never get sold. Many of the ones that do never get on the air, and a great number of series are cancelled after a short while, because of poor ratings.

Meanwhile, the networks censor each program, even counting the number of times words like "hell" and "damn" are said.

No one is forced to watch these programs. If one feels a show is too violent, one can simply turn the set off.

As far as television having a negative effect on individuals, the same can be true of religion. The Jonestown tragedy and present-day Iran are examples of this.

Many people look forward to and enjoy these religious programs, which is fine. But these same people have no right dictating what the rest of us should or should not be exposed to.

After all, this is a free country; the air waves belong to all of us.

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BRIAN DEAGON
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Advertising Director

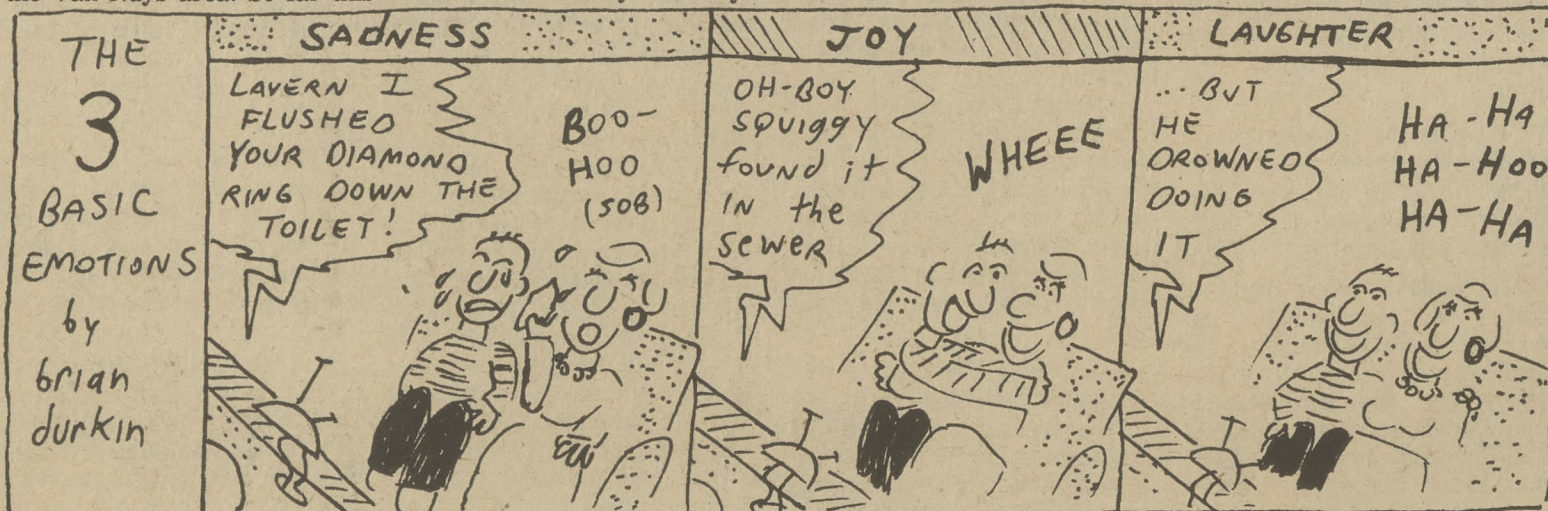
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Cougars first intramural win under Monarch Stadium lights

By LARRY URISH
Staff Writer

"It was a fantastic game." So said Intramural Athletics Director John Stark, of the championship clash between the evenly matched and previously undefeated Cougars and Eagles in intramural flag football action.

The game, won by the Cougars last Thursday evening in Monarch Stadium by an overtime score of 24-18, featured an offensive battle in which both teams traded the lead.

"They (the Eagles and Cougars) played each other twice before," said Stark, "and both games ended in a tie score."

"There is usually a lot of passing in this league," he added.

Such was the case in this particular contest, according to Stark, as the Cougars drew first blood on a 50-yard pass play to Ricky Carter.

The Eagles, however, were not to be outdone in this aerial show, as Bruce Gordon tied the game at six apiece on a 40-yard strike.

A 15-yard run by Cougar Dar-



rell Harris put his team ahead, but the Eagles once again soared back just before the half ended with a 3-yard score by quarterback Johnny Adams.

Both teams scored once more in the second half to tie the game up at 18-all as the regulation

period ended.

"The game went into a sudden-death overtime," said Stark. "Whoever scored first would be the winner, but there is no time limit."

The extra period according to Stark, didn't last long, as Carter grabbed an errant Eagle pass and raced 17 yards for the final Cougar score. The game-

winning play occurred on the Eagles' first overtime possession.

According to Stark, the Eagles and Cougars may combine forces for future games with representative teams from other schools.

"We've talked to Pierce College about a possible game," said Stark.

Game Plan

	BASKETBALL	
Dec. 10-12	Golden West Tournament	T.B.A.
Dec. 16-19	Modesto Tournament	T.B.A.
	5,10K RUN	
Dec. 12	Run at Griffith Park to benefit athletic Dept.	

Griffith Park site of benefit run

By LARRY URISH
Staff Writer

People run for their health. Others run to satisfy their competitive instincts. Many simply take to the roads and parks for the simple joy of exercising. Still others like the outdoors.

But this Saturday, Dec. 12 at Griffith Park, people will be running for a different reason: for Valley College's Athletic Department.

"Our athletic budget here is ridiculous," said physical education instructor and head track and cross country Coach Mark Covert, the race's director.

"All of the money that the L.A. Community College District gets is dispersed among nine colleges," said Covert. "And that's simply not enough."

"People from other schools laugh when we tell them what we have to work with," said Covert. "It's a joke."

Men's Athletic Director George Goff said last Monday, "So far we have 400 to 500 entries. Hopefully we'll have a lot more by race time."

Covert described the Griffith Park course as a fast one.

"It starts near the merry-go-round," he said. "You won't find an easier course."

According to Covert, awards for the event include 70 merchandise prizes, plus 130 medals of achievement. These awards, he explained, go to winners in each of the seven racing divisions.

But why a fund raiser of this nature?

"It seems to be the easiest and most logical thing to do," explained Covert. "Runners make up the largest possible base to draw from. That way we have the greatest chance to raise money in a one-shot activity."

"We'll see how it goes and what kind of money we can make out of it," he added. "If we don't raise the money we think it should, we won't have it again."

'Chicken Natural', a local restaurant, will be sponsoring the race and has donated \$7,000 toward the event. The business has, according to Goff, contributed to the prize list.

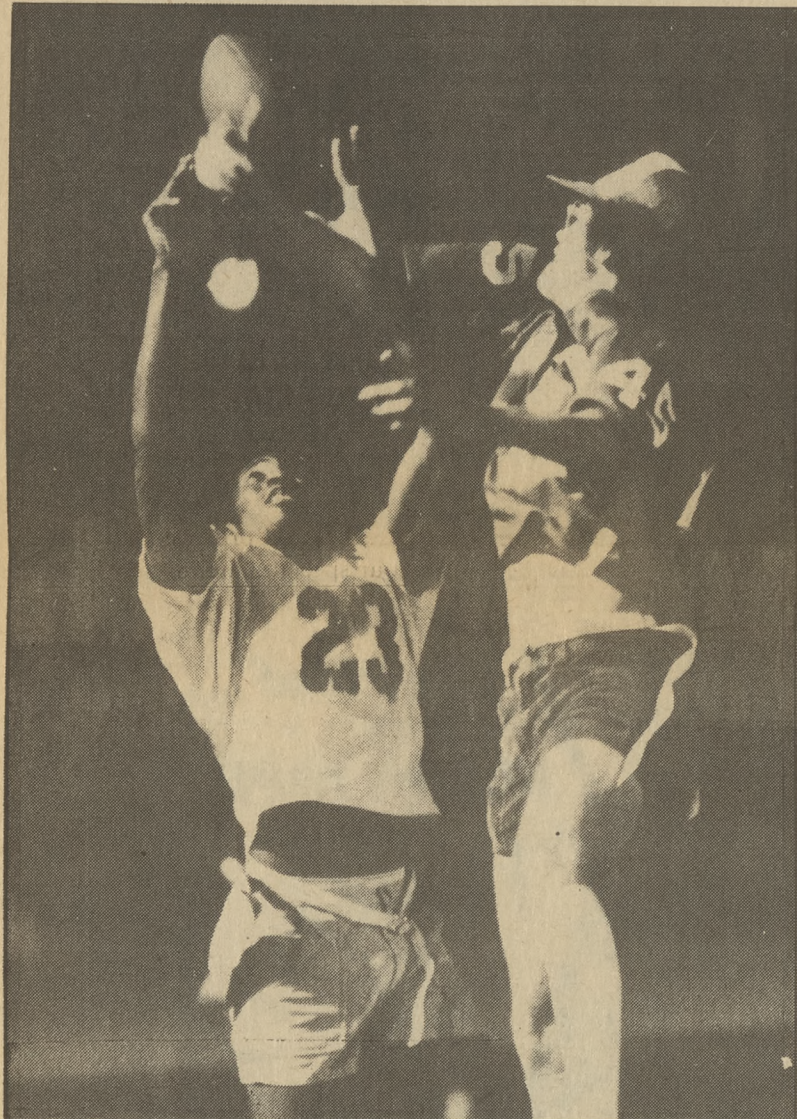
As stated on one of the 30,000 flyers mailed out to runners in the Southern California area, the race's entry fee is \$7 (\$3 without a T-shirt) plus a \$1 late registration charge for the those paying after Dec. 5. Check-in is from 6:30 to 7:30 a.m. next to the Park Ranger Headquarters near the merry-go-round.

"If you arrive at the park before 7 a.m. you can get in free," said Covert. "After that it's a \$1 entrance fee."

Valley President Dr. Mary Lee is expected to be among the participants. Also running will be former L.A. Lakers forward Happy Hairston, a member of their 1971-72 championship team.

Those interested in participating can contact Covert at 781-1200, ext. 208.

"It will go," he added "rain or shine."



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Ballet instructor Geordie Wright from Broadway to Valley College

By PETER MATYAS
Staff Writer

Since the age of thirteen, Geordie Wright, LAVC dance instructor, has been teaching young children to dance.

"I love teaching children," said Wright. "It's rewarding to watch them learn rhythms,

musical phrasing, and appreciation of art."

Geordie Wright started dance lessons at the age of five at the Studio of Dance Arts in the Monterey/Carmel area where she grew up.

After high school, she earned a Bachelors of Fine Arts at the

California Institute of Arts in Valencia. She then danced professionally on Broadway in the hit musical, "Mack and Mabel," directed/choreographed by the late Gower Champion.

After a year of touring with "Mack and Mabel," Wright went to UCLA for her masters

and did more professional dancing on television.

She has danced in many TV specials including: The Ben Vereen Show, Sonny & Cher, The Super Bowl Special, The Academy Awards, and recently in the film, "Pennies from Heaven."

"While attending UCLA and doing the TV work, I got married and a year later gave birth to my daughter, Kendall," said Wright.

Wright applied for a teaching position after having been recommended by Cal. Arts, and has been teaching ballet and jazz at Valley since Fall '79.

Recently she has added two children's ballet classes to her teaching schedule.

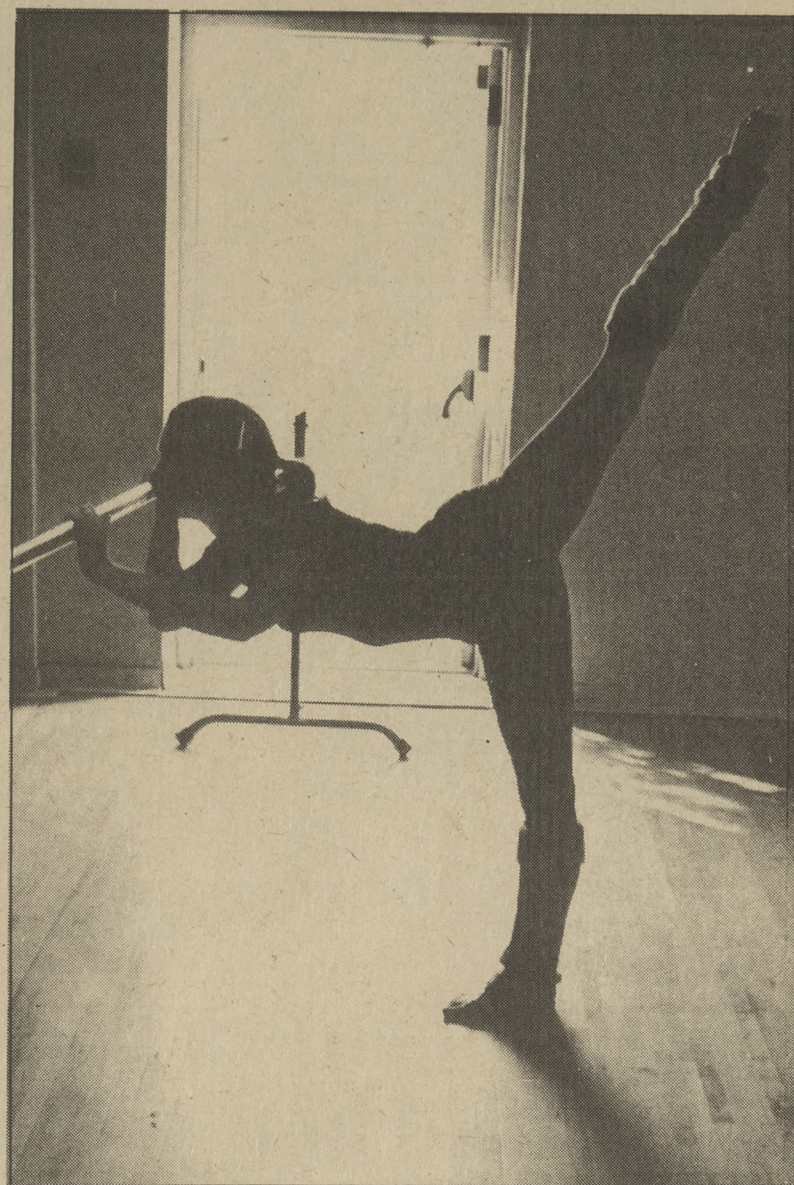
"I had some more free time and I've missed teaching children," said Wright, "so I approached Community Services with the idea of a children's ballet class and they were enthusiastic about it."

The children's ballet classes are Saturday mornings, in the dance studio in the Women's Gym, ages 6-8 at 9 a.m. and ages 9-12 at 10 a.m.

"With the 6-8 year olds, I teach basic ballet technique along with creative dance dealing with shapes so they learn rhythm and coordination," said Wright. "But with the 9-12 year olds, I stick with classical ballet completely."

"I work them to their limits, because having a child myself, I know what children are capable of handling and doing," said Wright. "I try to keep their attention all the time while being aware of every individual child and their needs."

A new children's ballet session will begin in February. Early enrollment is recommended since space is limited.



Valley dance instructor Geordie Wright stretches.

Star photo by NAN GENIT



Children follow the ballet instruction of Geordie Wright.

Star photo by NAN GENIT

Food, entertainment to highlight Elizabethan Yuletide Festival

Valley College's First Annual Elizabethan Yuletide Feast, set for tomorrow at 7 p.m. in Monarch Hall, has been sold out.

However, a waiting list is being maintained for the dinner, which will include entertainment and a traditional Elizabethan feast, organized by the LAVC Music Department.

"The object," explained

George Attarian, instructor in music, "is to promote the joy of the Yuletide season as it was experienced in Elizabethan times when invitations read: 'Be it now known that the time is nigh to bring in the joy and cheer of this Yuletide season.'"

The menu for tomorrow night's 150 dinner-goers will consist of wassail, fresh fruit, let-

tuce salad, tender beef, Yorkshire pudding, vegetable, Christmas pudding, and beverage.

Serving the meal and providing the evening's entertainment will be the more than 50 members of Valley's Chamber Chorale and Concert Choir. Acts will include singing, dancing, juggling, mime, gymnastics and period pageantry.

Kevin Love, a second-year music student at LAVC and member of the Chamber Chorale, says the concept has worked successfully at a number of major four-year schools.

"It's an all-around experience that everyone here is looking forward to," said Love, who adds that members of the two choirs have been working on the program almost since the semester began.

'Steambath' portrays strange life after death

Valley College's Theater Arts Department will present its fourth main production, "Steambath," during the next two weeks.

"The play is about 10 people locked in purgatory and discovering that they are dead," explained Lucas McClurv, one of the lead performers. "One by one they tell the story of their

lives."

Steambath will be presented Dec. 10, 11, 12, 17, 18, and 19, at 8:30 p.m. in the Little Theater. General admission is \$2 but free to students with a paid ID. Tickets will be sold at the door, but reservations are recommended, which can be made by phoning 781-1200, Ext. 318.

Orchestra to perform

The Los Angeles Valley College Music Dept. will present its Symphony Orchestra, who will feature Sergie Rachmaninoffs Symphony No. 2 on Tuesday, Dec. 15 at 8 p.m. in Monarch Hall.

Admission is free.

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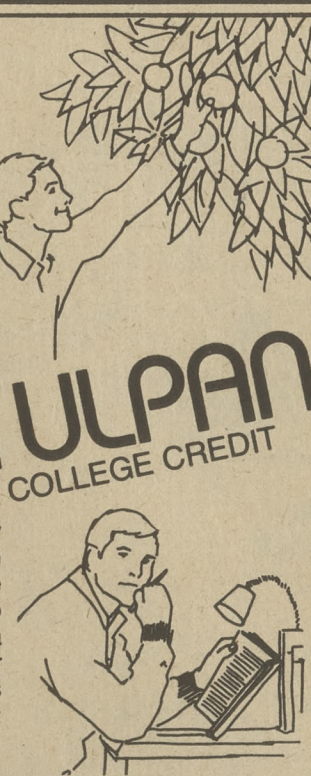
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The foot--a dancer's best friend and personal foe

Text by Peter Matyas



The dancer's feet are his most important instrument and also the most abused anatomy on his body.

A dancer works up to ten hours a day, sweating and aching, to perform movements not granted to him by nature. These movements come alive through daily rigorous rehearsals, and an obsessive determination and persistence which is not only physical, but also emotional and mental.

The feet, which connect the dancer to the floor, receive abusive punishment from carrying the total weight of the body daily to the cushioning of leaps and jumps in jazz. From the balancing and twirling of pirouettes in ballet to the bounding and stamping of tap. From the caressing of the floor in modern dance to the energetic stepping and stomping in folk.

At the end of the day, the feet ache and throb from pain, sometimes receiving blisters, cuts, bruises, and calluses. After a grueling class or rehearsal, a dancer often limps slowly out of the studio, heading for the nearest chair to sit down and rub his feet.

The foot contains numerous bones and muscles, all of which can be easily hurt and damaged for life unless properly warmed up and taken care of.

A ballerina usually tapes her toes and feet when doing pointe work to avoid injury. Tap dancers wear thick socks to help cushion the balls of the feet. All dancers usually wear one or two leg warmers to help keep their calf muscles and ankles warm, avoiding cramps, pulled muscles, and shin splits.

It is often remarked in general (dancers amongst the majority) that the foot is the ugliest part of the body. Looking at a foot covered with calluses, cuts, blisters, and bruises is indeed unattractive. But, it is also just the opposite.

Through dance technique, a dancer learns how to point, position, and move his foot to create a beautiful line. The foot is the end of the limb of the leg. It creates the illusion of infinity and perfection of a pose or movement, and carries the dancer through movements gracefully, firmly, quickly, or slowly across the floor.

The foot, the bond between dancer and floor, is a dancer's best friend and personal foe.

Photos by Peggy Thusin, Nan Genit, and Mel Melcon
Layout by Nan Genit

